















Dishes and their allergen content (Name of the cereal(s) containing gluten\* and/or the name of the nut(s)† are specified if present)

At Perfect Pulled Pork, we take food allergies and intolerances seriously. Our menu items are prepared in a kitchen that handles allergens, but while we take precautions to prevent cross-contamination, we cannot guarantee that any dish is completely free from allergens.

Allergens	Dishes	Notes	Burger/Slider	Burrito/Wrap	Burrito Bowl	Croquette	Pocket	Quesadilla	Wrap	Loaded Fries	Loaded Nachos	Mac'N'Cheese	Coleslaw	Burger/Slider	Burrito	Burrito Bowl	Croquette	Pocket	Quesadilla	Wrap	Loaded Nachos	Fries	Loaded Fries
Celery		Celery stalks, leaves, seeds, and the root (celeriac) can be found in soups, stews, salads, vegetable juices, stock cubes, and snack foods			✓ Celeriac Veg Stock										✓ Celeriac Veg Stock								
Cereals containing gluten*		Wheat, rye, barley, and oats. Common foods containing these cereals are bread, pasta, breakfast cereals, cakes, biscuits, and beer	✓ Burger Bun	✓ Tortilla		✓ Bread-crumbs	✓ Pastry	✓ Tortilla	✓ Tortilla			✓ Bread-crumbs		✓ Burger Bun	✓ Tortilla		✓ Bread-crumbs	✓ Pastry	✓ Tortilla	✓ Tortilla			✓ Bread-crumbs
Crustaceans		Crabs, lobsters, shrimp, prawns, and crayfish. Found in seafood dishes, sushi, seafood-based sauces, and breaded seafood products																					
Eggs		Eggs are used in baked goods (cakes, cookies), mayonnaise, quiches, pies, pasta, and salad dressings				✓ Egg coating										✓ Egg coating							
Fish		Fish fillets, steaks, sushi, sashimi, fish sauces (like Worcestershire sauce), canned fish (like tuna and sardines), and fish-based broths and soups																					
Lupin		Lupin flour and seeds are used in gluten-free baked products, certain types of pasta, vegan meat alternatives, and specialty bread products																					
Milk		Dairy products like cheese, yoghurt, butter, baked goods containing milk or butter, cream-based sauces, soups, chocolate, and confectionery				✓ Cheese		✓ Cheese		✓ Cheese	✓ Cheese	✓ Cheese					✓ Cheese		✓ Cheese		✓ Cheese		✓ Cheese
Mollusc		This includes mussels, clams, oysters, and squid. They are often found in seafood dishes, sushi, and seafood-based sauces																					
Mustard		Mustard seeds, mustard powder, and prepared mustard are found in sauces, dressings, marinades, and processed meats	✓ Colesia w (Mayo)		✓ Colesia w (Mayo)								✓ Colesia w (Mayo)	✓ Colesia w (Mayo)		✓ Colesia w (Mayo)							
Nuts†		Tree nuts like almonds, walnuts, hazelnuts, cashews, and pistachios are found in baked goods, desserts, nut butters, and snack foods																					
Peanuts		Peanuts and peanut butter are common in snacks, baked goods, sauces, and confectionery																					
Sesame seeds		Sesame seeds and sesame oil are used in bread, crackers, sauces, and dressings																					
Soya		Soya beans, tofu, soya milk, soya sauce, and soya-based meat alternatives are common examples																					
Sulphur Dioxide		This is used as a preservative in dried fruits, wine, and some processed foods																					

\*\*Important Notice\*\*

1. Cross-Contamination: Please be aware that while our kitchen handles allergens, cross-contamination may occur; we cannot guarantee that any dish is completely free from allergens.
2. Customer Responsibility: It is the customer's responsibility to inform our staff of any food allergies or intolerances before placing an order. Our staff will do their best to accommodate your needs.
3. Ingredient Changes: Ingredients in our dishes may change without notice. Please ask our staff for the most up-to-date allergen information.
4. Medical Advice: This allergen information is provided for informational purposes only and is not intended as medical advice. If you have any concerns about food allergies or intolerances, please consult a medical professional.

Contact Us: If you have any questions or concerns about allergens in our dishes, please do not hesitate to contact us via [www.perfectpulledpork.com](http://www.perfectpulledpork.com)